



First Methodist Church Johnson City

"God's Church, Jesus' Grace, Your People, Every Day."



**First Methodist
Church**

Johnson City

105 North LBJ Drive
PO Box 207
Johnson City, TX
78636

Phone: 830-868-7414

Website:
www.fmcjc.com

Pastor Darin Zumwalt
pastor@fmcjc.com
830-743-2879

*
Angela Bacon
secretary@fmcjc.com

*
Sarah Allen
Adult Ministries
Coordinator
adultmin@fmcjc.com
&

Education Director
education@fmcjc.com

*
Devin Roschetzky
Youth Director
youth@fmcjc.com

*
Jazmin Aguilar
Wesley Nurse
M-F 8-12 & 1-5
512-271-2104
jaguilar@mhmc.org

Worship Services

8:30 a.m.
Contemporary Service

10:50 a.m.
Traditional Service

Sunday
Christian Education
Classes
9:40 - 10:30 a.m.

"Do no harm. Do good. Stay in love with God"

John Wesley

SEPTMEBER 2026

**Friday Oct. 23rd 8 am to 7 pm
& Saturday Oct. 24th 8am to 2pm**

GARAGE SALE FUNDRAISER



**Shop for a variety of
gently-used items!**
From furniture, housewares,
clothes, toys and more, you are
sure to find what you
are looking for!

**Baked Goods also available
for purchase.**



SPORTY, TRENDY, FUN, SOMETHING FOR EVERYONE. CHECK IT OUT!

**Come shop inside the Activity Center at Johnson City
First Methodist Church on the corner of Pecan and Ave. E
100% of the proceeds will fund the 2027 Guatemala Mission Trip**

GARAGE SALE **DONATIONS NEEDED!**

Help us prepare for a BIG community garage sale!



Johnson City Methodist Church

***Garage Sale Dates:
Oct. 23rd & 24th***

We are now accepting donations of:

- Clothing (all sizes)
- Household items
- Home Décor
- Books
- Toys
- Small Furniture
- And more!



**Please donate items that are clean
and in good condition.*

Why Donate?

All proceeds from this garage sale will help fund the

2027 Guatemala Mission Trip 

Donation Drop-Off:

Please call for details:

Pastor Darin Zumwalt in the church office at 830-868-7414

Thank you for your generosity and support!

One Bread, One Body 1 Corinthians 10:17, UMH #620

“Since there is one loaf of bread, we who are many are one body, because we all share the one loaf of bread.” 1 Corinthians 10:17

#620 in our Methodist Hymnals is the hymn One Bread, One Body. This hymn is sung by John Michael Talbot to reflect his catholic faith in Jesus Christ as savior of earth. By saying ‘we are one body in this one lord’ he displays his belief that we have all been brought together by the Lord. Verse one says “Gentile or Jew, Servant or free, Woman or man, no more” and they show that regardless of our earthly status, we are equal in God’s eyes. Verse two says “Many the gifts, Many the works, One in the Lord of all”. The chorus is “One bread, one body, One Lord of all, One cup of blessing which we bless, And we, though many, Throughout the earth, We are one body in this one Lord”.



The Methodist Church regards the Eucharist as a memorial of Christ’s life and death and passion until He comes again. We believe scripture says that Christ’s sacrifice on the cross was a ‘once-and-for-all’ event and Eucharist is the remembrance of His suffering and sacrifice. The bread and wine represent Christ’s Body and Blood. The miracle of the Eucharist is not in the inanimate objects of the bread and wine themselves, but in coming to the Lord’s Table in faith and humility, and sharing in that spiritual meal where we all seek to meet with God in a special way

Among many Protestant religions, what we call ‘Eucharist’ is normally referred to as ‘Communion’. Communion literally means "sharing." It is the breaking of bread together. The word "communion" comes from the King James Bible translation of the Greek word for "sharing" which Paul used in describing the taking of bread and wine as the body and blood of Christ. The Latin root is com-mun'-is, participation by all. The same root is used for the words common and community; the bringing of everyone together as one body.

"One bread, one body" - a belief that has fractured many communities of faith since time began. Some day we can pray that all Christians can come to the Lord’s Table as a community – to share with everyone the “one bread, one body”.

It has always bothered me that some of our brothers and sisters are often treated differently when it comes to communion practices. We tend to point them out when we break the bread and offer it by sharing that “if you have a Gluten intolerance, you may go over there to partake a Gluten-free option.”. At First Methodist Church of Johnson City, we have fresh baked bread without Gluten or dairy to offer it to all. This keeps our “One bread, one body” at the heart of our communion time together as a community of believers. A practice that I believe is crucial to the celebration of the Eucharist/Communion is the sharing of Jesus’ meal with the ‘community’ - with the ONE body of Christ. When we come to the table, let us remember we are all children of God and we will be sharing in the feast of The Lord’s Supper with, not only members of First Methodist Church of Johnson City, but with Christians around the world. Let us remember, that when we receive communion with our fellow Christians, we are receiving ‘what we are – the body of Christ’.

Lord, give us always this Bread of Life. Open our hearts and our souls to long for this new life that only you can bring us through the Eucharist. Give us the humility and simplicity to listen to you and to believe that you have the words of eternal life. Amen.

Welcome Home Church, Welcome Home! Pastor Darin Zumwalt

As members of this congregation, we pledge to faithfully participate in its ministries by our prayers, our presence, our gifts, our service and our witness.

Our Prayers... *Lord Hear our prayers: for those who are ill, grieving, or facing difficult times; for those persons in nursing homes, assisted living and homebound; for our military and civilian men and women serving in harm's way and their families; for our leaders, and children everywhere.*

Our Presence...

	<u>1st Service</u>	<u>2nd Service</u>	<u>Online</u>	<u>SS</u>
August 2nd	35	65	5	39
August 9th	44	86	4	40
August 16th	19	38	n/a	33
August 23rd	35	66	8	35

Our Gifts...

Year to date as of June 20, 2026

Budget Requirements \$266,681

Tithes Received \$191,735



FELLOWSHIP - Led by Bill & Elaine Swiss. New members and visitors are welcome to join in for a study on “**Watch your Mouth: Understanding the Power of the Tongue**” Tony Evans. Join us in the Fellowship Hall, located near the Sanctuary.

NOMADS - Led by Tom Walston. Please join us in the Nomads' room for a study on “**Embracing the Uncertain**” by Magrey R. deVega. If you are not involved in a Sunday School class, please join us.

JOHN WESLEY - Led by Myra Zumwalt. This class is diving deep into Scripture through the **Book of Acts**. The church today is sometimes persecuted, ridiculed or even ignored, and it often needs encouragement. The book of Acts reminds us that despite modern challenges, the church can be alive and well. The book of Acts shows that revival and church growth come not by human effort but through the power of the Holy Spirit. Come be encouraged and inspired!

Youth - Led by Devin Roschetzky. The class meets in the Youth room in the Activity Center.

CHILDREN - PreK-5th Grade are meeting in the Wesley Classroom in the Activity Center, also known as the Kids Club Room.

Sermon Series:

Why are we here? A Life of Purpose and Mission

September 6th
Communion Sunday
Romans 8:28-30
A Christ-Like Life

September 13th
Guest Preacher: Doug Smith

September 20th
Philippians 3:7-15
A Life of Purpose

September 27th
Matthew 28:19-20
Go and Make Disciples

October 4th
Matthew 24:14
Missions – Does it really matter?

October 11th
Luke 10:1-11
Missions – Who, Me?

October 18th
Guest Preacher

October 25th
1 Peter 2:9
Missions – A Missional minded church

Women's Bible Study



Wednesdays at 6pm
Fellowship Hall

Join us for a special
Bible study led by
LeAndy Pletcher!

LeAndy is creating something wonderful that will take us on a journey through the Bible as we grow in our understanding of God's Word together. This group is always a good time—full of laughter, fellowship, meaningful conversation, and time spent digging into Scripture. We'd love for you to join us!



Senior Activities & Meals on Wheels

Starting September 1st, Senior Activities & Meals on Wheels will meet at **FMC JC in the Fellowship Hall** every **Tuesday from 10:00 a.m. to 1:00 p.m.**

We're excited to welcome this wonderful group to FMC JC as they move their weekly activities here from their previous location. **Everyone is welcome!**

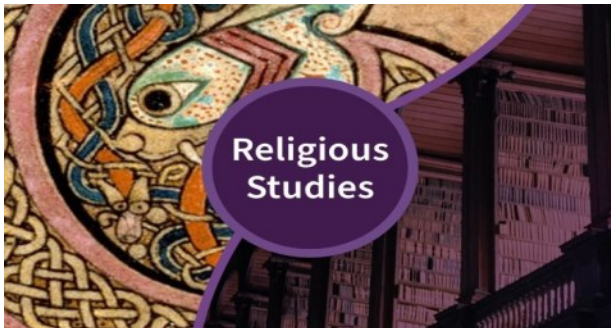
Blanco County Emmaus News



Upcoming weekend retreats (Walks). The purpose is to strengthen the local church and develop Christian disciples.

Local Gathering:
September 21st 6:30pm

Women's Walk:
November 5th –8th



Religious
Studies

Bible Study Opportunity for Men & Women
Led by Elaine Swiss

All men and women are invited to join this
Bible study group!

We will meet **every Sunday at 6:00 p.m.,**
beginning September 6th.

Women's Bible Study

Friends & Sisters Bible Study



All women are invited to join us for our **Friends & Sisters Bible Study** beginning on **Wednesday, August 12, at 12:00 PM.**

This weekly gathering is a welcoming place to grow deeper in your faith through Bible study, meaningful discussion, prayer, and friendship.

Whether you're new to studying God's Word or have been doing it for years, you'll find encouragement, fellowship, and a place to belong. We'd love for you to join us!

MEXICAN TRAIN

And 42

**Every Monday at 10:30
AM in the Activity Center**



Missions

Love in Action

[Paul wrote]: *"You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, **serve one another humbly in love.**"* August was a busy month as many from our church and community – young and old – served others humbly in love as our community prepared for our children to return to school.

Back-to-School Fair: We held our Back-to-School Fair on August 1. With the help of generous donations from



Johnson City Bank and Johnson City Lions Club, we supplied backpacks, school supplies, and gift cards to 124 students, including students from Johnson City ISD, Blanco ISD, and home-schooled students. We served 17 additional students after the Fair, bringing the total to 141 students served. This was almost double the 72 students served in 2025! We will continue to provide backpacks and supplies as needed throughout the school year. Many thanks to the more than 20 volunteers from our church who helped organize and run the Fair. In addition, the following groups provided vision screening, health and wellness information, various goodies, and other information and services: Texas AgriLife; Baylor Scott & White Clinic–Johnson City; the

Dripping Springs Lions Kidsight USA; Johnson City Library; our Wesley Nurse; our Youth and Children's ministries; Johnson City Christian Food Pantry; Johnson City Master Gardeners; Blanco County Friends of the Night Sky; Cub Scout Pack 296; Constable Patrick Fisher; Blanco County Community Paramedic Wes Patton; and the Blanco County Mental Health and Developmental Disabilities center. The Back-to-School Fair was a great blessing that served many.

Back-to-School Luncheon: On August 6, our church provided a delicious lunch to more than 100 Johnson City ISD teachers, administrators, and support staff members. This is an annual event that the JCISD employees greatly appreciate as they prepare for the new school year. The lunch included barbecue chicken along with many side dishes and desserts. A huge thanks to our Education Director Sarah Allen who recruited volunteers and organized the event; to Harvest House and James Suletmeier who provided the chicken; to Devin Roschetzky and his father who grilled the chicken; to Deb Lietz who provided goodie bags; and to the many additional volunteers who provided side dishes and desserts, worked in the kitchen, and helped clean up afterwards.

Back-to-School Family Picnic: On Sunday, August 9, Pastor Darin led the church in blessing student backpacks, and after our second service many enjoyed a Back-to-School family picnic. A fun meal of hamburgers and hot dogs, along with side dishes and desserts – including a contest for the best homemade ice cream. We had an excellent turnout for the picnic, and a big thank you for all who helped organize the event, grilled the hamburgers and hot dogs, provided side dishes and desserts, brought homemade ice cream, worked in the kitchen, and helped clean up. It was a fun event that brought many



children's ministry



We had the joy of celebrating three very special third graders as they received their Bibles: **Bentley Metcalf, Annie Weston, and Briggs Young**. What a blessing it is to place God's Word into the hands of these young people as they continue to grow in their faith!

We were missing a few of our third graders, and we look forward to celebrating them and presenting their Bibles at another time. Please join us in praying for all of our third graders as they learn, grow, and discover more about God's love for them.



SEE YOU AT THE POLE

Wednesday, Sept. 23rd

7:15am

@ Elementary Flag Pole

Our all elementary kids, and families too, are invited to join us for a student-led day of prayer. Let's start the morning off together with Him.

Sweet Berry Farms & Chick Fil A Field Trip

Monday, October 12th | 9:30am to
2:00pm

All Kids Club kids are invited to join us for a field trip to Sweet Berry Farms Pumpkin Patch and Chick-fil-a for lunch! Bus seats are limited. Cost is \$ 20



Education Director: Sarah Allen Cell: (512) 948-5419

Email: sarah.allen@fmcjc.com REMIND APP: JC Kids Code: @jcfmc

Abide

JOHN 15:4

"Abide in me,
and I in you."

FMCJC YOUTH • SEPTEMBER 2026

AWAKEN SEPTEMBER 5 BLANCO COUNTY YOUTH RALLY

Hosted by Youth Directors in Blanco County

This month, students from across our area will come together for a night centered on Jesus.

Awaken is an opportunity for middle and high school students to worship together, hear a powerful testimony, build connections with other Christian students, and be reminded that God is still moving in the lives of young people.

SEPTEMBER AT A GLANCE

9.2	Youth MSY 4:00–5:30 PM HSY 7:00–8:30 PM
9.5	AWAKEN Blanco County Youth Rally
9.9	Youth MSY 4:00–5:30 PM HSY 7:00–8:30 PM
9.16	NO YOUTH Community Pep Rally
9.20	National Back to Church Sunday Bill Elsbury Fish Fry
9.20–9.26	Global Week of Student Prayer
9.23	See You at the Pole Youth MSY 4:00–5:30 PM HSY 7:00–8:30 PM
9.30	Youth MSY 4:00–5:30 PM HSY 7:00–8:30 PM

STAY CONNECTED

Jesus never called His disciples simply to know about Him. He invited them to remain with Him.

School schedules get busy. Practices begin. Homework piles up. Calendars fill quickly. In the middle of everything competing for our attention, Jesus gives us a simple invitation:

"Abide in me."

September is a great time to establish rhythms that keep us connected to Christ.



Spend time in His Word.



Talk with Him in prayer.



Worship Him.



Stay connected to
Christian community.



Look for opportunities
to serve others.

We don't follow Jesus only on Wednesdays. We learn to walk with Him every day.

PLEASE PRAY FOR OUR STUDENTS

As another school year gets underway, please continue praying for the students of our community.

Pray for:

- Students who are struggling to find where they belong.
- Courage for students who desire to live out their faith.
- Teachers, coaches, administrators, and school staff.
- Christian students to be a light to their friends.
- Students participating in Awaken, See You at the Pole, and the Global Week of Student Prayer.
- New students who may walk through the doors of our youth ministry this fall.
- Genuine relationships with Christ that continue far beyond a youth event or Wednesday night.

**FMCJC
YOUTH**



Devin Roschetzky — Youth Director



830.330.0078



devinr@fmcjc.com

QUESTIONS? CONCERNS?

Don't hesitate to call,
text, or email.



— YOUTH FUNDRAISER —

Bill Elsbury

FISH FRY

GREAT FOOD. GREAT FELLOWSHIP. GREAT PURPOSE.

SAVE THE DATE!

**SATURDAY
SEPTEMBER
20**

*All proceeds support the ministries, mission trips,
and discipleship opportunities of our youth!*



DINE-IN

ENJOY A GREAT
MEAL TOGETHER!



TO-GO

TAKE HOME
A DELICIOUS MEAL!



DRIVE-THRU

QUICK & EASY
PICKUP!



FEATURING A SILENT AUCTION



Bid on amazing items and support our youth!



We need your help!

WE ARE COLLECTING GIFT BASKETS,
HANDMADE GOODS, OR UNOPENED ITEMS
THAT MAY BE LAYING AROUND YOUR HOME.

*Thank you for supporting
our students and their faith journey!*



YOUR DONATIONS
MAKE A BIG DIFFERENCE
IN THE LIVES OF
OUR YOUTH!

— TOGETHER WE CAN MAKE AN IMPACT IN THE LIVES OF OUR YOUTH. —

**FMCJC
YOUTH**



Devin Roschetzky – Youth Director

830.330.0078

youth@fmcjc.com

Thank you!



A Note from your Wesley Nurse

September is Healthy Aging Month

Healthy aging is about more than getting older, it means taking steps to prevent illness, manage health conditions, maintain strength and independence, and recognize health changes early.

7 Ways to Support Healthy Aging

1. Stay Active

Regular activity helps strengthen muscles and bones, improve balance, support heart health, and maintain independence. Include walking, strength exercises, stretching, and balance activities. Start slowly and talk with your healthcare provider if you have health concerns.



2. Eat Nutritious Foods

Choose fruits and vegetables, whole grains, beans, lean proteins, low-fat dairy, nuts, seeds, and healthy fats.

Protein is especially important for maintaining muscle as we age. Limit foods high in added sugar, sodium, and saturated fat.

3. Stay Hydrated

Older adults may not always feel thirsty. Drink water throughout the day to help prevent dehydration, which can cause weakness, dizziness, confusion, and constipation. Follow your healthcare provider's fluid recommendations if you have a fluid restriction.



4. Protect Your Heart

Know your blood pressure, cholesterol, and blood sugar numbers. Take medications as prescribed, stay active, eat a heart-healthy diet, avoid tobacco, and keep regular healthcare appointments.

Know the warning signs of a heart attack: chest pressure or discomfort, shortness of breath, pain in the arm, back, neck, jaw, or stomach, cold sweat, nausea, or unusual tiredness. **Seek emergency medical care if these symptoms occur.**

5. Prevent Falls

Falls are not a normal part of aging. Remove clutter and loose rugs, improve lighting, use handrails and grab bars, wear supportive shoes, and keep frequently used items within reach. Have your vision checked and ask your healthcare provider whether any medications may increase your risk of falling. Report any falls to your healthcare provider.

6. Care for Your Brain and Emotional Health

Stay physically active, get adequate sleep, remain socially connected, and keep your mind active through reading, hobbies, puzzles, music, or learning something new. New or worsening memory loss, confusion, mood changes, or difficulty with daily activities should be discussed with your healthcare provider.



7. Keep Up with Preventive Care

Regular checkups help identify problems early. Depending on your age and health history, preventive care may include blood pressure and cholesterol checks, diabetes screening, cancer screenings, bone health assessments, vision and hearing exams, dental care, and recommended immunizations.

H
A
P
P
Y



B
I
R
T
H
D
A
Y

Gwen York
September 3
Brady Odiorne
September 4
Shirley Martin
September 5
Gretchen Birck
September 7
Kara Moreno
September 7
P. J. Pickett
September 7
Isaac Roberts
September 7
Mike Bacon
September 8
Linda Liesmann
September 8
Patton Taylor
September 9
Kris Axtell
September 11
Candi Petersma
September 11
Jacob Anders
September 12
Rodney Hartmann
September 12
Debbie Lietz
September 12
Ty Walston
September 12
Jeanne Hardy
September 13
Pat Pickett
September 13
Gary Gostnell
September 14
Colt Kneese
September 14
Lisa Moore
September 14

Lexi Fisher
September 16
Chris Schulze
September 19
Perry Sultemeier
September 20
James R. Sultemeier
September 21
Jerry Charniak
September 22
Dave J. Johnson
September 22
Janice Fox
September 23
Dooley Smith
September 23
Howard Lawson
September 24
Lance Hobbs
September 25
Tara Philips
September 25
Randy Schulze
September 25
Michael Axtell
September 26
Steven Koennecke
September 26
Samuel Encina
September 27
Marilyn Walston
September 27
Jocelyn Blood
September 28
Bill Hyatt
September 28
Logan Sadler
September 28
Matt Pletcher
September 29
Sheryl Watt
September 29

Happy
Anniversary!

Walston, Ty & Whitney
September 4
Schmidt, Stephen & Barbara
September 8
Pletcher, Matt & LeAndy
September 20
Watt, Paul & Sheryl
September 20
Porter, Eric & Denise
September 23
Dunnaway, Porter & Sylvia
September 29
Axtell, Paul & Kris
September 30





"A Place to Grow in Christian Love"

First Methodist Church
PO Box 207
Johnson City, TX 78636
Return Service Requested

Hand folded and sealed with love especially for ...



SEPTEMBER 2026

The mission of the Congregation of the First Methodist Church is to continue to be a committed fellowship of disciples sharing the love of God through Jesus Christ and furnishing a place of Christian worship, programs, services and facilities for its members and the people of the Johnson City area.



Worship Services

8:30 a.m. - Contemporary Service

9:30 - 10:30 a.m. Christian Education

10:50 a.m. - Traditional Service

Online Worship Services available on

Our home page www.fmcjc.com is updated with a clickable link to the YouTube page.

Or like us on Facebook: FMC Johnson City TX

The church office is open:

Monday - Thursday 9 am - 12 & 1 - 4 pm

Office Phone: 830-868-7414

Pastor's email: pastor@fmcjc.com

Secretary's email: secretary@fmcjc.com

Youth Director: youth@fmcjc.com

Adult Ministries Coordinator:

adultmin@fmcjc.com

Education Director: education@fmcjc.com

**Please remember and pray
for our nursing home residents,
those in the hospital
and shut-ins:**



Elizabeth Sooter

Darrell Sultemeier

Pam Sultemeier

Gary Polvado